





Enhance your next event with fun, interactive health exhibits!

The tabletop exhibits have side-by-side translations in English and Spanish. We also offer handouts that translate these exhibits in Chinese, Vietnamese and Korean


 Requires connection to a 110V outlet (power cord provided)

 Runs from battery charge (no cord required, exhibits are pre-charged)



Welcome Panel
A colorful pull-up banner describes *Let's Get Healthy!* in both English and Spanish.
39" W x 6-1/2" D x 84" H



Calories In, Calories Out
Select a snack food option and find out how many minutes of jumping jacks you would have to do to burn off the calories.
23" W x 14" D x 7" H




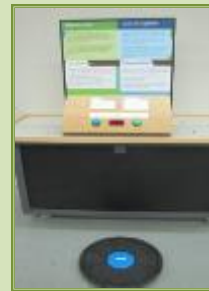
Nutrition Label Help – Fiber
Guess which food product contains the most fiber by spinning turnstiles to check out the nutrition label.
23" W x 9" D x 11-1/2" H




Nutrition Label Help – Sugar, Sodium
Find out how much sugar and salt are in food products by spinning the turnstiles to read the nutrition labels.
23" W x 9" D x 11-1/2" H



Added Ingredients
Test tubes show just how much fat, salt, and sugar are added into common food products.
23" W x 18" D x 28" H






Balancing Act
Step on a balance board and time how long you can keep the board level. Includes two difficulty levels.
23" W x 9" D x 9-3/4" H




Using Energy
Guess which general household chores burn the same calories as common sports. If correct, a green light will appear.
23" W x 18" D x 12-1/8" H



Sizing Up Servings
Match a food group with the correct serving size, and if correct, a green light will appear.
23" W x 18" D x 28" H


 or 



**Sports Nutrition Foods:
Fact and Fiction**


Spin the turnstiles to see healthier alternatives to sports drinks and energy bars.

23-1/2" W x 11" D x 7-3/4" H



Liquid Calories

Learn how much sugar really is in soda, and how the increase in soda consumption may be connected with the rise in obesity.

23" W x 13" D x 8" H 



Muscle and Fat Replica

Three-dimensional visual replicas that visually and realistically portray 1 pound of body fat and muscle.



Eat a Rainbow

Assemble this colorful puzzle for a rainbow of healthy food choices.

23-1/2" W x 9" D x 7" H
(puzzle bin), 23-3/4" W x 20" D x 3" H (puzzle)



Display Panels (2)

Pull-up banners featuring images of healthy food options and active lifestyles.

32" W x 6-1/2" D x 84" H



Introduction Panel

Pull-up banner that benefits of nutrients and how much a person should exercise in both English and Spanish.

32" W x 6-1/2" D x 84" H

For more information, visit www.letsgethealthy.org
To request an exhibit, visit: <http://tinyurl.com/6rq4brs>

