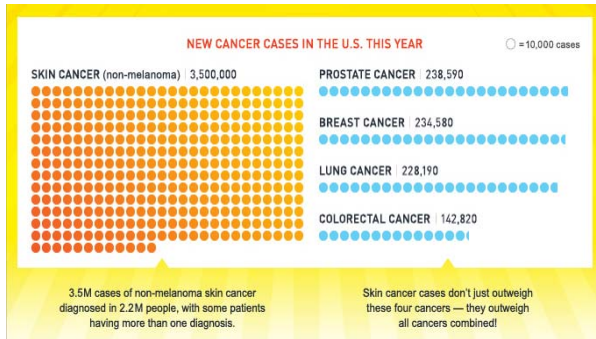


Let's Get Healthy! visited Valor and French Prairie Middle Schools on October 14th & 17th, 2013 and collected research data from 1,051 students.

62 students completed the cancer risk station and their results are shown below.

Skin cancer is the **MOST COMMON** of all cancer types



Anyone can get skin cancer.

Skin cancer risk is influenced by your genetics, skin type and your protection behaviors.

If you have a sensitive skin type (Fitzpatrick Type 1-3), you need to be especially cautious!

Individuals with darker skin (Fitzpatrick Types 4-6) are still at risk! People of color are often diagnosed later, which means the cancer can become more advanced and potentially fatal.

Regular skin checks are important for everyone!

Most skin cancers are curable if caught and treated in a timely manner.

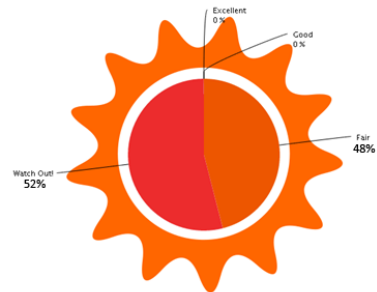
Did you know? Legendary reggae musician Bob Marley dismissed a spot under his toenail as a soccer injury, but it turned out to be an aggressive form of melanoma that ultimately caused his death at 36.



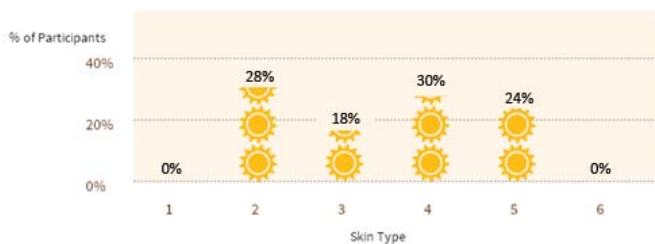
Skin type chart

NATURAL SKIN COLOUR	Very fair, often with freckles	Fair with some freckles	Light brown	Medium brown	Dark brown	Deeply pigmented, often darker to touch
UV SENSITIVITY & TENDENCY TO BURN	Highly sensitive	Very sensitive	Sensitive	Less sensitive	Minimal sensitivity	Minimal sensitivity
SKIN CANCER RISK	Greatest risk of skin cancer	High risk of skin cancer	High risk of skin cancer	At risk of skin cancer	Skin cancers are relatively rare, but those that occur are often diagnosed at later, more dangerous stages. Increased risk of low vitamin D levels.	Skin cancers are extremely rare, but those that occur are often diagnosed at later, more dangerous stages. Increased risk of low vitamin D levels.

SUN SAFETY SCORES



FITZPATRICK SKIN TYPES OF WOODBURN STUDENTS



None of the Woodburn middle school students who completed the survey had “excellent” or “good” sun safety behaviors!

In the last year, 78% of middle school students in Woodburn went to a doctor's office for a checkup