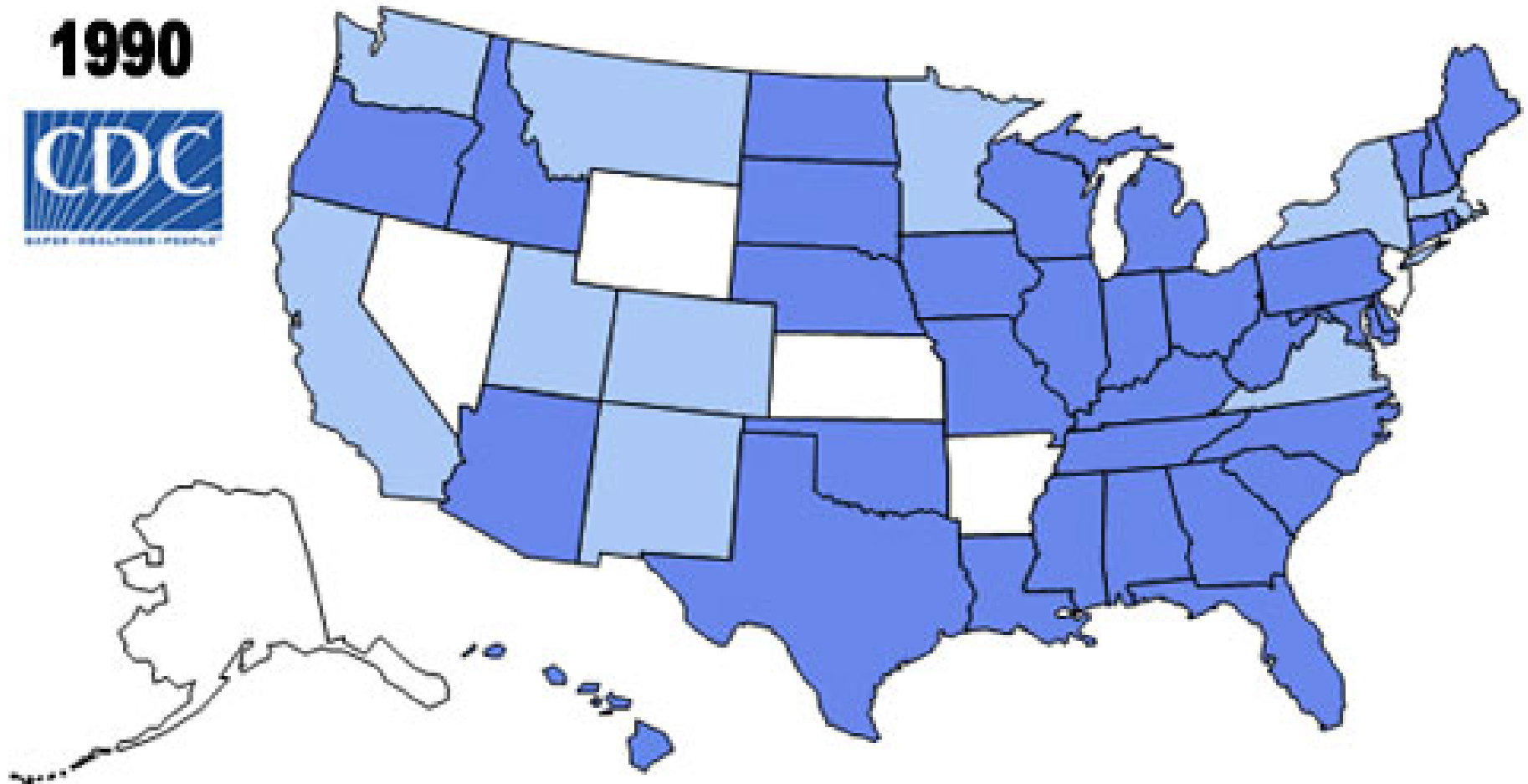


MAPS AND TABLES

Let's Get Healthy

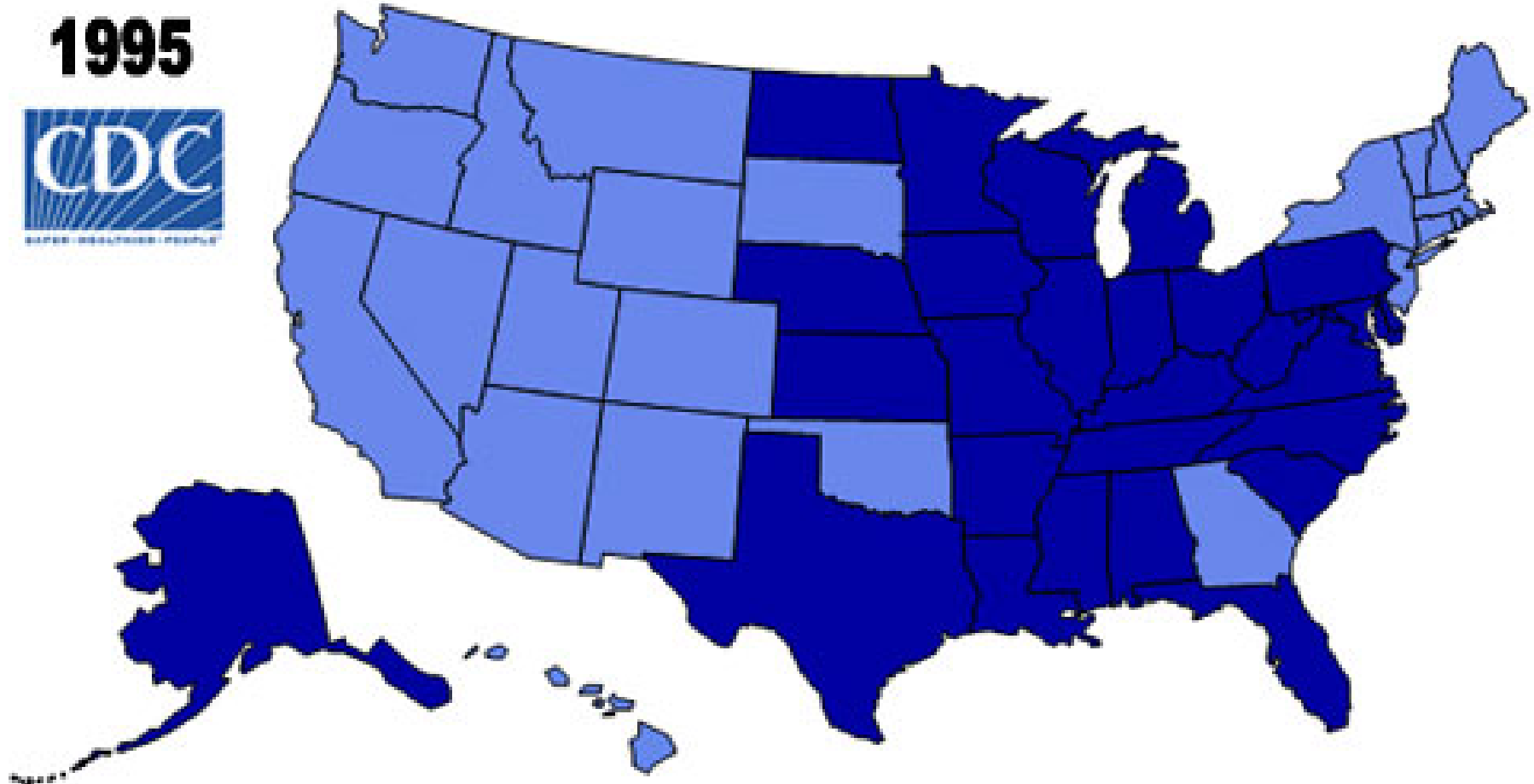
Percent of Obese (BMI \geq 30) in U.S. Adults

1990



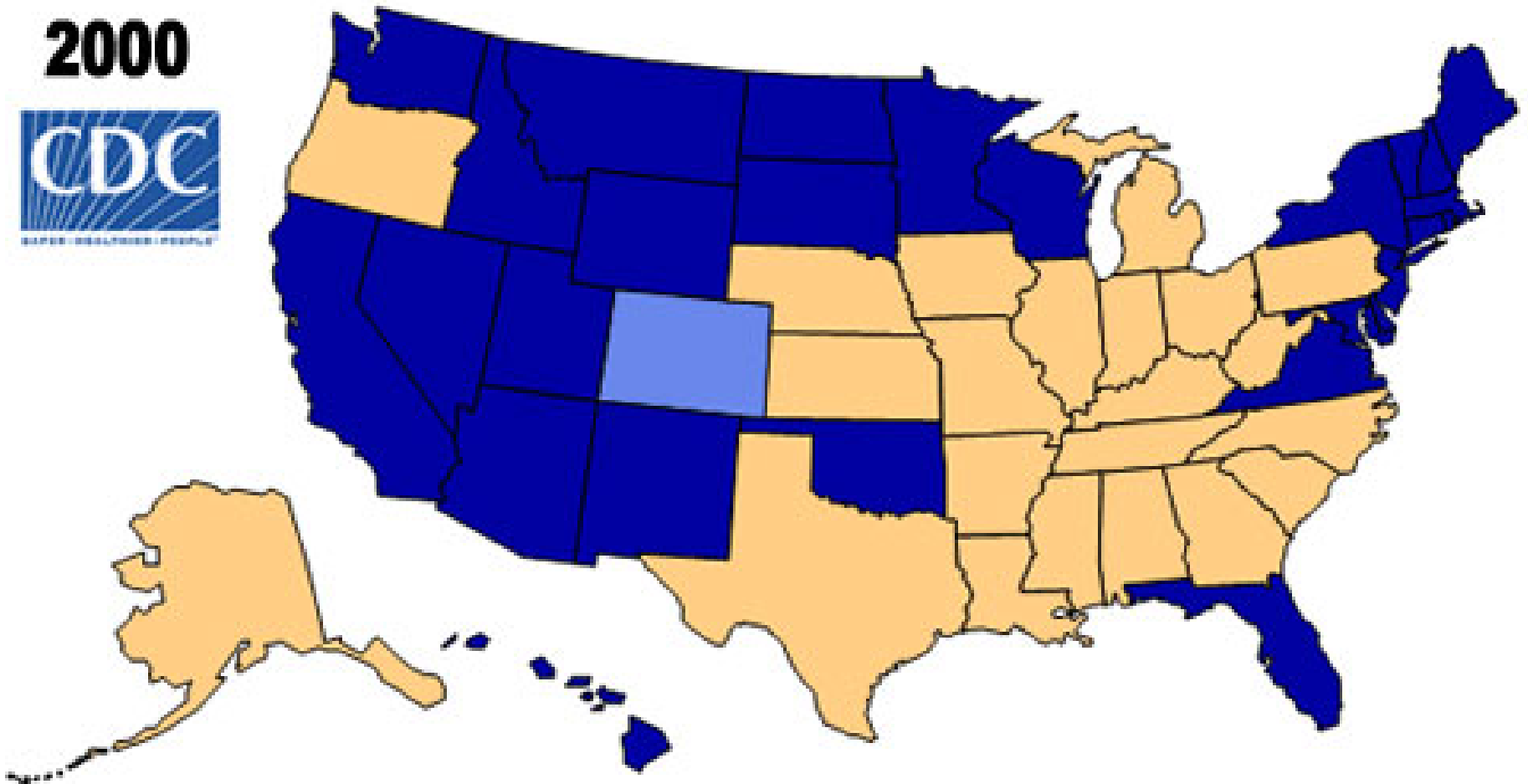
Percent of Obese (BMI ≥ 30) in U.S. Adults

1995



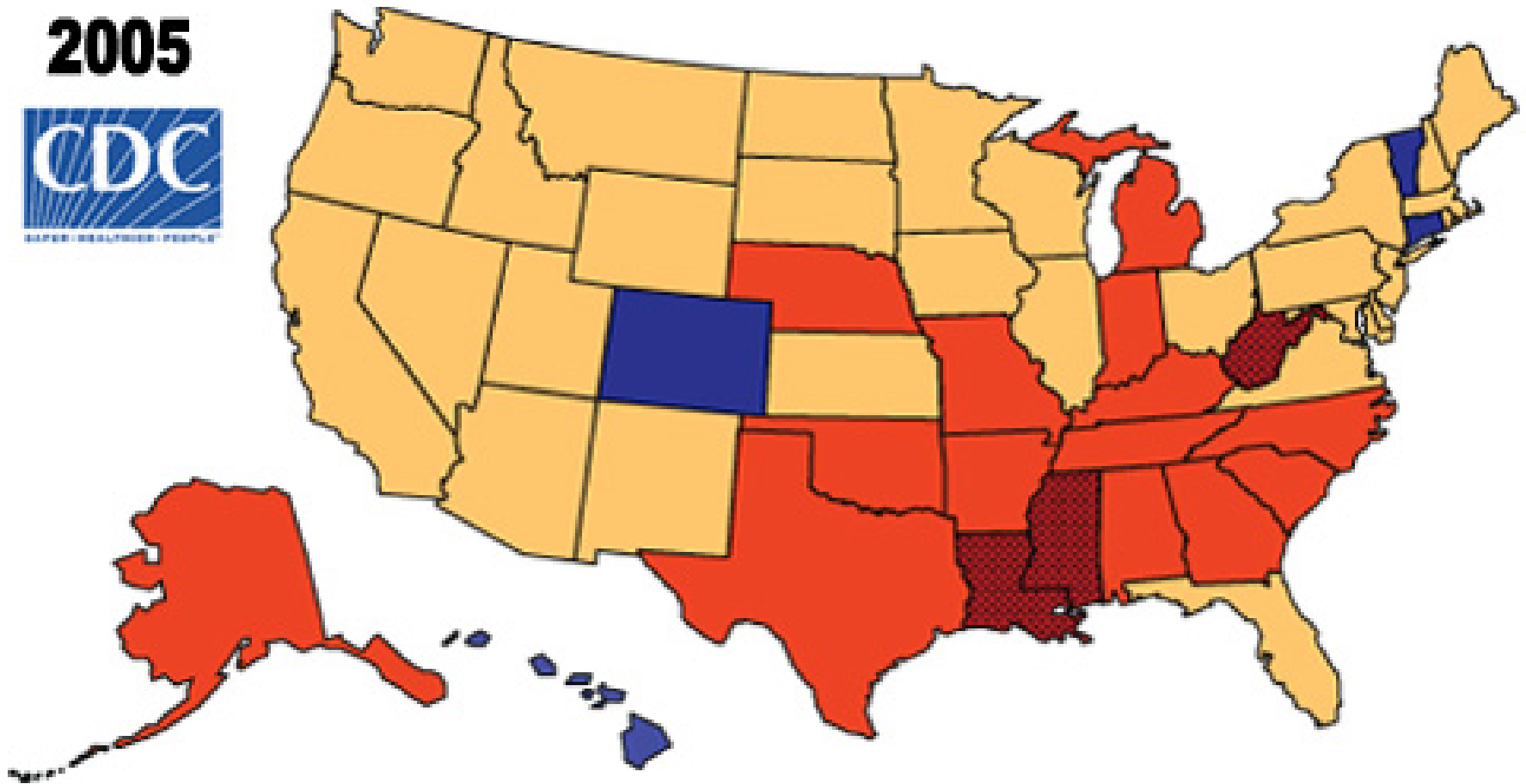
Percent of Obese (BMI ≥ 30) in U.S. Adults

2000



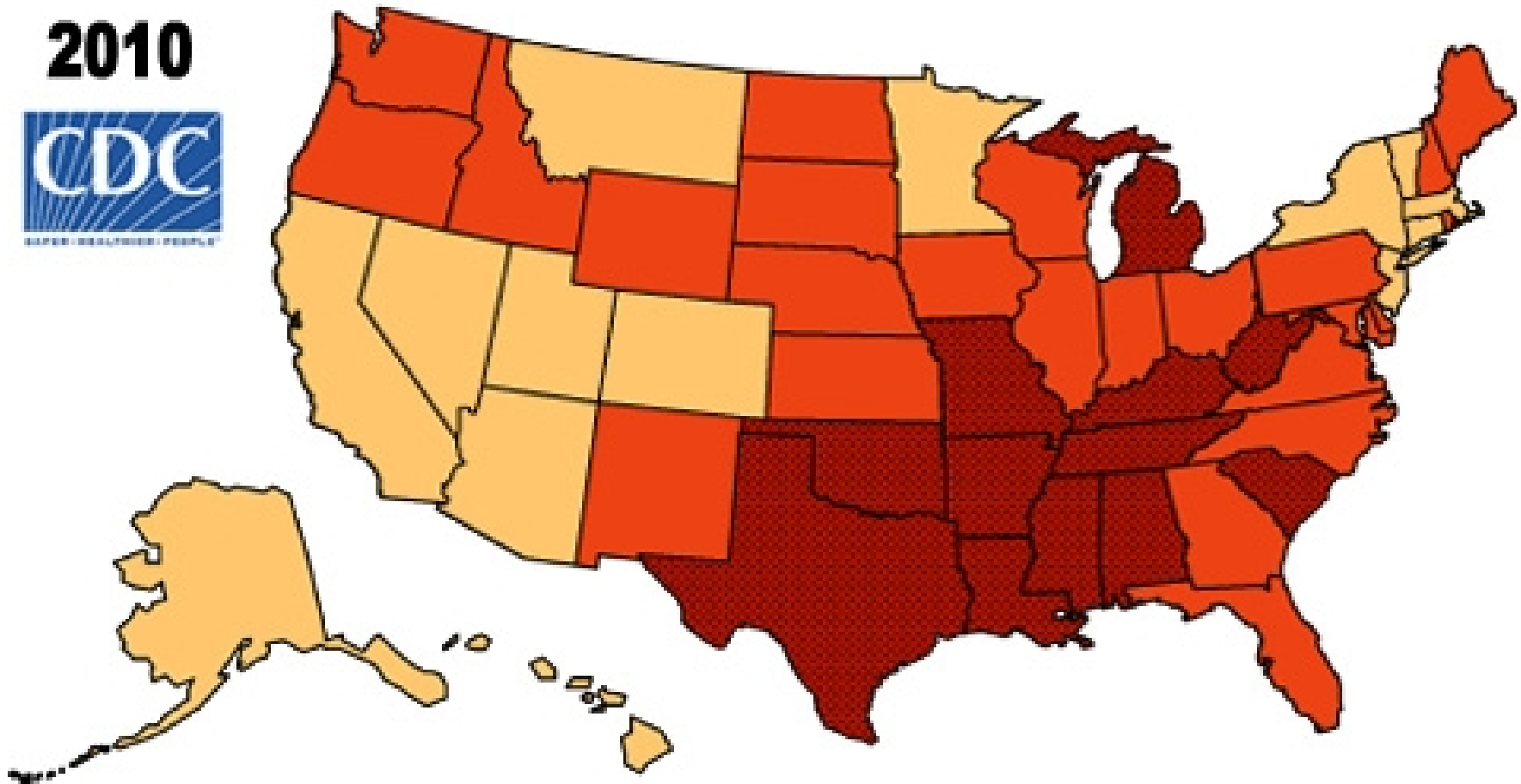
Percent of Obese (BMI ≥ 30) in U.S. Adults

2005



Percent of Obese (BMI ≥ 30) in U.S. Adults

2010



Percent of Obese (BMI ≥ 30) in U.S. Adults

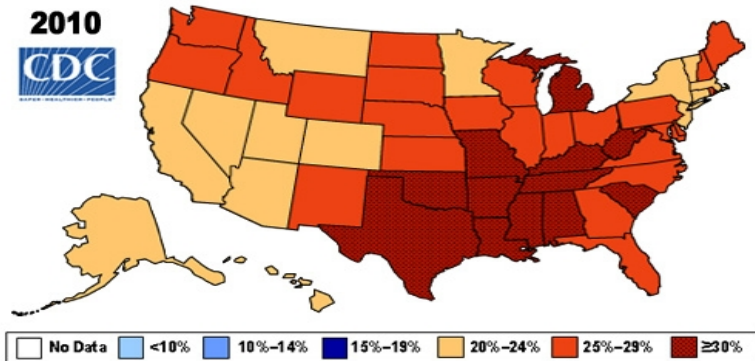
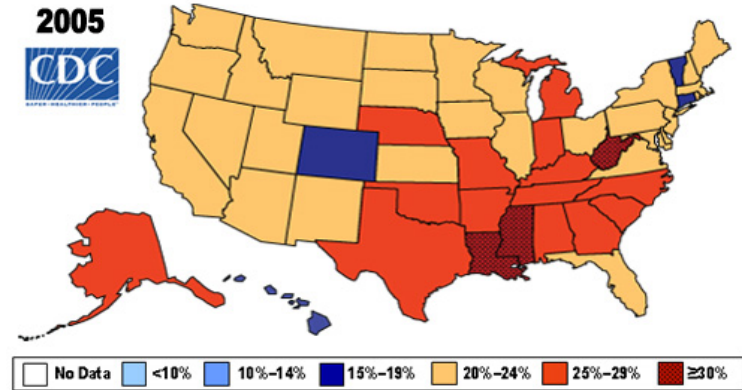
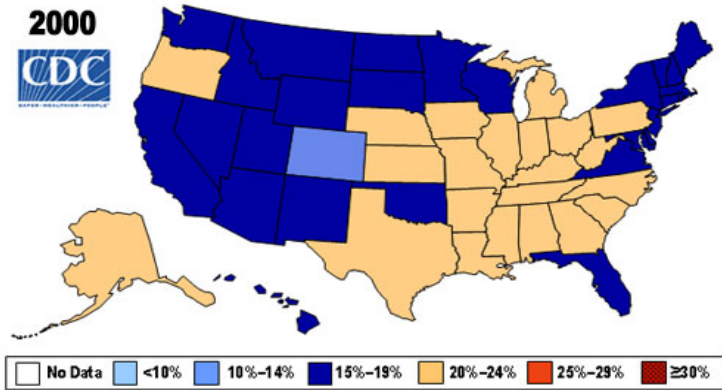
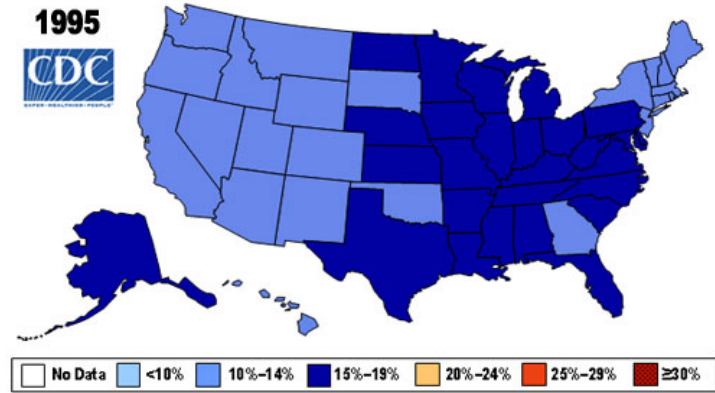
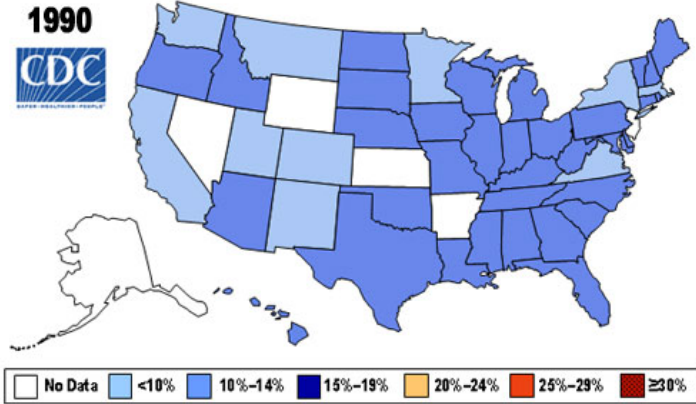


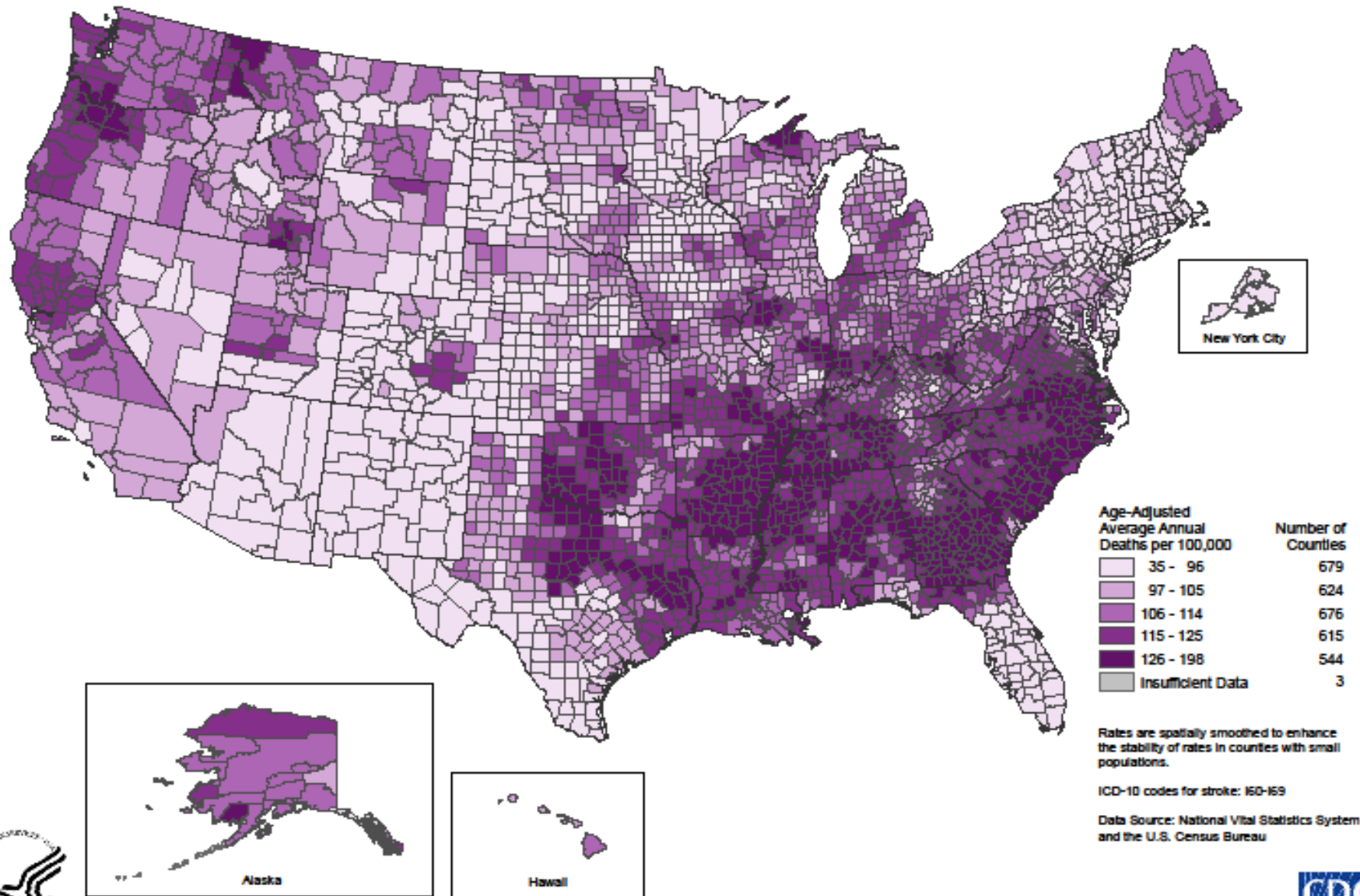
TABLE 1: States with the **Highest** Rates of Physical Inactivity in Adults

Ranking	State	Percentage of Adult Physical Inactivity Obesity Ranking (Based on 2007-2009 Combined Data, Including Confidence Intervals)	Obesity Ranking
1	Mississippi	32.2% (+/- 0.9)	1
2	Oklahoma	30.8% (+/- 0.8)	6
2	West Virginia	30.8% (+/- 1.0)	4
4	Tennessee	30.5% (+/- 1.2)	2 (tie)
5	Kentucky	30.1% (+/- 1.0)	7
5	Alabama	30.1% (+/- 1.0)	2 (tie)
7	Louisiana	29.5% (+/- 0.9)	5
8	Arkansas	29.3% (+/- 1.0)	8
9	Texas	28.0% (+/- 0.8)	13
10	Missouri	26.6% (+/- 1.0)	12

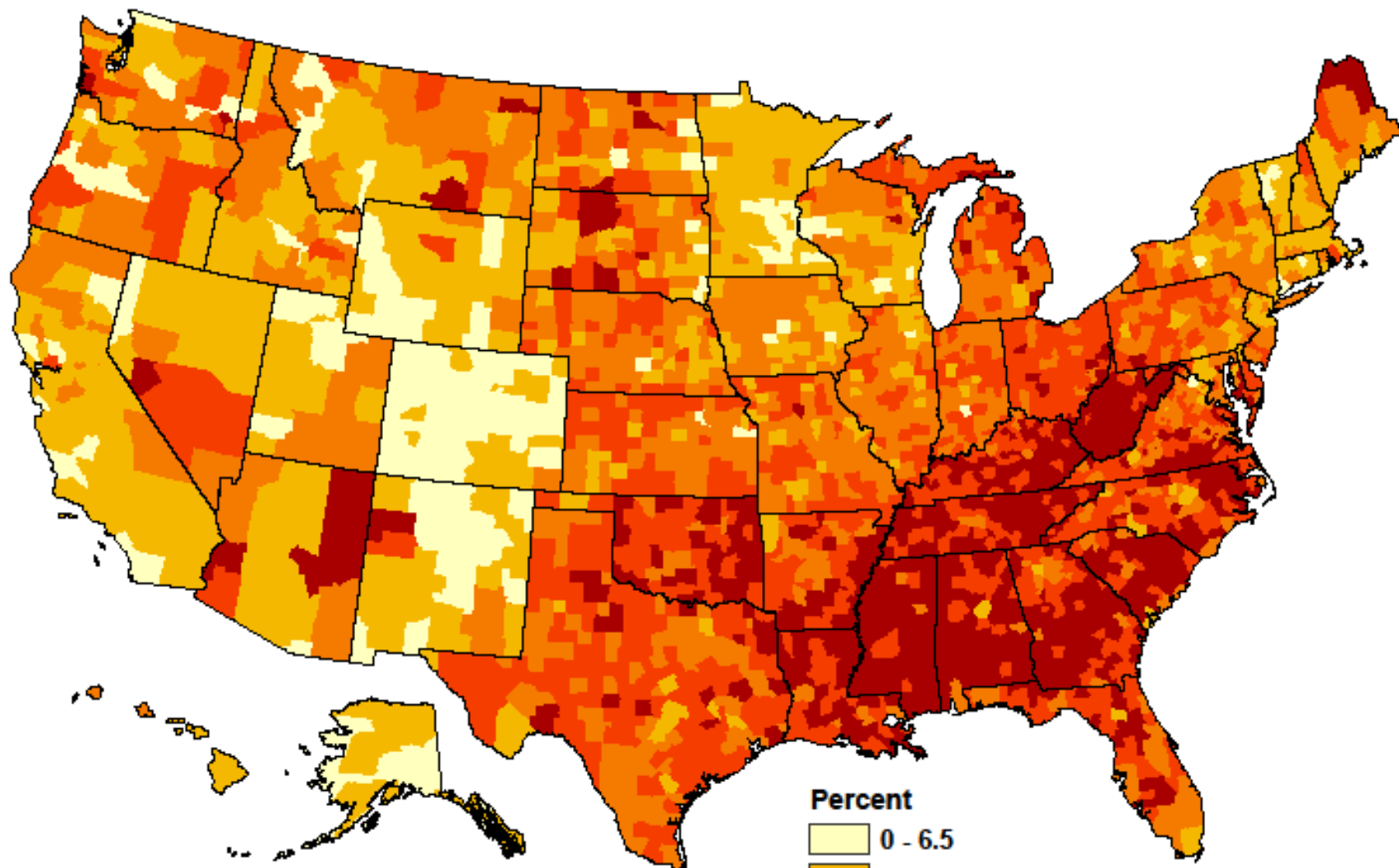
TABLE 2: States with the **Lowest Rates of Physical **Inactivity** in Adults**

Ranking	State	Percentage of Adult Physical Inactivity Obesity Ranking (Based on 2007-2009 Combined Data, Including Confidence Intervals)	Obesity Ranking
51	Minnesota	16.9% (+/- 0.9)	32
49	Colorado	18.0% (+/- 0.6)	51
49	Oregon	18.0% (+/- 0.8)	39
48	Washington	18.8% (+/- 0.7)	28
47	Utah	19.0% (+/- 0.8)	44
46	Hawaii	19.1% (+/- 0.8)	47
45	Vermont	19.3% (+/- 0.7)	46
43	Idaho	20.6% (+/- 0.9)	36
43	New Hampshire	20.6% (+/- 0.8)	35
42	D.C.	20.7% (+/- 1.0)	49

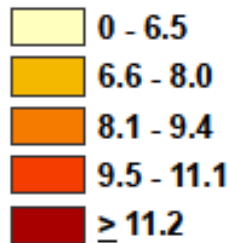
Stroke Death Rates, 2000-2006 Adults Ages 35+, by County



County-level Estimates of Diagnosed Diabetes among Adults aged ≥ 20 years
United States, 2007



Percent



Data Source: Centers for Disease Control and Prevention,
Behavioral Risk Factor Surveillance System and the
U.S. Census Bureau