SENARIO CARDS

Cut along solid lines and fold along dashed lines to make your scenario cards. This page must be printed 1-sided



+Positive+ - Negative-Chronic Stress Chronic Stress Works at Disneyland Air-Traffic Controller -Negative-+Positive+ Air Quality Air Quality Country City +Positive+ -Negative-Sleep Regular Work Schedule Sieep Shift Work +Positive+ -Negative-Exercise Exercise Athlete Couch Potato